HEARTY LAND

A tale about a journey into a land of abundance

EMA DAN

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ISBN-13: 978-1546889328
ISBN-10: 1546889329

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A tale about a journey into a land of abundance

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PHOTO CREDITS: personal archive, canva.com, pixabay.com,publicdomainpictures.net, unsplash.com
PUBLISHING HOUSE: self-published issue
Print on demand issue
Ljubljana, 2017

DEDICATION

This work is dedicated to every believer of good in us, human beings, and to everyone who is well aware of the effects of kindness, be it in any size, even in just a small gesture in a proper time. Be it in a sort of a compliment, positive thought about somebody, or expressed in a more practical way, such as going to buy something for a sick neighbor. It might mean a great deal to someone else. For all the goodness which lies dormant in us. A gift to you, dear reader.

PREFACE

Can we make the world a nicer place to live in? Who has the power to do that? Do we have enough of that power? And what is that kind of power? Can we live as true, all-powerful, loving, noble, humane human beings excusing this powerful position we were given?

Those were the questions I frequently asked myself. Thus this book began to write itself. A shorter version of it, in my mother tongue, Slovene, was presented in one of the oldest national magazines, Jana. This extended version is dedicated to you. You can embark on a journey of a land that perhaps existed before.

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1. A Tale To Remember

It was such a sunny day. Golden sun rays danced on our faces like they would cherish life every moment of their eternally rich life. “Do you remember the story of a Hearty Land our mom told us when we were young?” my bright sister Zun asked me while we were sitting on a bench in the most beautiful botanical garden we knew of. At least in our city. “The one that made me a hopeless believer in the goodness and possibility? Of course I recollect! How could I forget?” I responded hastily. Our mother, researcher and adventurer, who had traveled across many nations and experienced much of the globe, every evening told us tales.

2. Enchanted Land

One fortuitous, bright day Mom told us a tale about a Hearty Land where it's cherished inhabitants had created their own happy, content, day-to-day living, on this, beautiful planet Earth. "I can still recall how we felt that day as if it had happened yesterday. The burdens fell off our shoulders, leaving us with just that pleasant sensation of serenity and lightness and pure stillness with reassuring feelings of being fulfilled as a human being,"Mom began.

And continued: "In that blissful land, people are happy, joyful, and delighted. Their eyes are full of love and ancient wisdom of unearthly origin, yet the gaze in their eyes is always piercing like they would know everything. Their faces are radiating from inner contentment and satisfaction. The walls and roofs of the city buildings, be it high or low, are covered with plants and flowers of bright colors, many of them foreign to the rest of our world. Among buildings, waterfalls descend, and rivers and stream meanders. Harmonical botanical gardens with lovely lakes adorns the towns and suburban settlements. People cultivate their own veggies and fruits on the roofs of the buildings or in the departments of apartment houses designed for the cultivation of their own produce.

The inner being of Hearty Land people is always at ease, relaxed, as they are deeply connected with nature. Be it in the cities, in the wilder regions, or in the countryside, each one of them feels the firm qualities of the mightiness of hills and mountains, cleansing qualities of water, beautifying properties of flowers and shrubs, protective qualities of trees of all sorts, nourishing properties of beloved Mother Nature, loving and caring qualities of a life giving sun, and qualities of a cleansing air. Its soil is fertile, and each agricultural produce is abundantly high, standing at least one meter. In all the other parts of our world, you cannot find a nature like Hearty Land that people enjoy. The nature shelters people as well as animals,"she concluded.

3. QUALITIES

"Natural disasters, threatening floods, untranslatable landslips, burning danger of conflagrations, and other calamities are foreign to the inhabitants of Hearty Land. Since little they know of no harm. Their people are acknowledged only with those deeper, satisfying human emotions of safety, love, and dignity. They embody those qualities to their highest standards. No harm is ever done to another human being or animal nor to the life giving, protecting, and caring nature itself.

Hearty Land people, who I lovingly call Heartis, and animals coexist in peace. Inhabitants of this land don't eat or use any kind of products that would cause harm to animals because they revere the tremendous power of all life forms, be it human, plant, or animal alike. In each and every thought or deed, they respect fellow inhabitants, domesticated and wild animals, and the loving and sustaining nature. Maybe that is why restaurants, coffee shops, and everywhere else you go offer only enlightened products and services that are kind to human beings and animals and beneficial to all life forms."

4. AWAKENINGS

Young and old alike nourish their body, mind, and soul with kinder, plant-based diets.“But, Mom, how do they remain healthy eating like that?” I couldn’t resist asking even though I already knew the answer.

“You might think they are feeble, weak, and often sick, but the truth is quite the opposite. All of them are blessed with sound health. Colds, flues, and infections of any kind are foreign to them,” Mom replied. “As one of their elders once told me, ‘For the foreigner, it might sound old fashioned, preaching, and boring, but we abide by the moral recommendations from most of all religions because they address the same things. Those precepts, we call them Awakenings. You know them yourself very well (avoid killing humans and animals alike, avoid taking something what doesn’t belong to you, avoid saying something that is not true…). Thus we reap only what we sow. Good health is a natural state known to us for a very long time.’

“But they aren’t just healthy. They look so young, nimble, and smart. Once I was talking to a woman and thinking, ‘This nice lady must be around 40 years old.’ To my surprise, she replied, ‘Thank you for such a nice thought, but I am a bit older. This year I have reached 123 years. As a matter of fact, in our society, I am counted to be very young. The oldest inhabitant of this land is 1,500 years old. On average, we reach 800 to 1,200 years.’ I can still clearly recall that I responded with a dazzled look on my face. ‘But that is impossible! No one on earth is able to reach such an old age and look like 30 or 40 years old!’ ‘In your world, yes, these things are impossible, but not in ours. In our world, this is a state of being since we have chosen to follow the older, wiser ways. We protect and care for everything around us, thus we are protected and blessed in numerous ways,’ that alluring, graceful lady revealed.”

5. Children's Heaven

"Wow, Mom, then children are growing up in almost like a magical, but certainly happy, place!" Zun enviously interrupted the flow of the narrative."Of course, it is like they would be in the clouds the whole day long. Though not only that, they are growing up in a morally safe and loving environment that holds a promise of a bright future. Where parents know only of the wise, Awakenings and the loving and caring ways. The ways of the wise ancestors. Thus, they teach the children in the same spirit. From its beginning, the fetus in the mother's womb receives only positive messages. Parents' actions, interactions, and daily life reflect the pure state of that alive, loving, and uplifting energy," Mom told us with a longing in her voice.

6. Affairs of the Mind and Heart

"But, Mom, don't those people argue at all?" I asked as I couldn't believe."Considerably. In our world, what they call an argument we would call a constructive and peaceful solution to problems. For instance, children have the ability to forgive anything. Their being holds that capacity. Even before they enter an official school, children already lead kind, energetic, wise, loving, and caring lifestyles," Mom clarified.

"So, when they enter school, they are only deepening the knowledge ingrained in their whole being," Mom went on. "Besides, the school teaches all of the subjects in a way that they can connect to with their daily lives. With emphasis on hands on experience. In a loving environment of homes and schools, they learn about the importance of moral codes and the harmonic role of human beings, animals, and nature with heavy emphasis on the growth of the Hearty culture."

7. GIFTED

"In this land, people are developing their own potential to the fullest," Mom added."Wow, that sounds so cool. Are they able to read minds and see the future and past with auras and all that cool stuff we read and watch on television shows?"Zun asked. "Those inherent gifts that you and I can awaken too are for them just more easily accessible. If someone has a desire to develop one or more sets of skills, they just think about it and send a wish in their mind's eye to the universe. And not a long time goes by when they can begin to use that new skill."

"Whoa! How is that possible? Here we try so hard and are so far away from mastery!" Zun complained. "When have you tried to achieve anything with your sweat, Zun?" I couldn't resist teasing my sister since she was always expecting things to work out on their own. "Don't tease me. Maybe I lived in Hearty Land before I came here. So, I expect that things will work," she defended herself.

"As we have talked before, they lead wise, kind, and compassionate lifestyles. Their minds are pure with an unburdened soul." Mom joined our conversation. "So, it isn't surprising that, there goes not even one day where like a thief, slowly but persistently, all the darkness of this world would be able to slip into people's lives. People lead and know only of happy, joyful, satisfied lives. They love and care for fellow human beings as well as different kinds of creatures, such as animals and plants alike. Every Hearty Land person eats, drinks, wears, and uses only kinder, plant-based products. Perhaps, that is why their whole being is more at ease. Everything that they wish for is more easily accessible to them. Their minds are clearer with lighter and highly developed consciousness. Hence, for them it is easy to tap into universal powers and create things we will see in our world in a few hundred years to come, like more advanced electricity and technology and medical knowledge," she pointed out.

"What kind of electricity and technology?" I was curious since I adored all things tech.

"Medical equipment made from the power of gemstones with apparatus for home use or carrying with you, which you can pull out of thin air. And free of charge electricity produced from universal energy," Mom explained. "Wow! That would be cool if I could pull my school bag out of thin air," Zun added. My mom and I just smiled at Zun.

And my mom continued, "Since they embody kindness, everyone there possesses everything they need for not just a decent, but a good livelihood, from land to a comfortable house, nourishing food, gorgeous attire, and private and public transportation."

8. Lightness of the Material World

"Wow, Momma. But how do they earn money?" I was curious. "The hearts of those people are kind, and their minds are unburdened, awakened, and free from confusion and ignorance.

That is why most of their inhabitants prefer to trade with time banking, since time is the same for everyone. Each hour of service is exchanged for an hour of service from another registered in the time bank. In this kind of a bank time is a currency. One hour of service is exchangable for another hour of different service. For example, someone is babysitting for one hour, that hour registers in a bank and he or she may use that one hour of service she or he needs from another person. Just as we do in our world, Hearties develop their talents according to their interests. And even though they could learn new things in a matter of seconds, they leave the work to others who have dozens of centuries of practice in the requested fields.

Some Heartis develop only one kind of skill, like the ability to see and solve any psychological troubles while others are more technically oriented. Or they master sets of skills. Thus, they facilitate each other," she recapitulated.

"Or they exchange their commodities just like we did back in the old days when one person produced garments while someone else produced appetizing raw bars and other treats, which they exchanged. But if they trade with money, they use it for the benefit of the whole society," Mom emphasized.

.

9. Awakened Masters

"They are so kind because they consume only plant-based products?" I asked, not waiting or minding if I interrupted. "Not just because of that. They have chosen to follow the Awakenings way of life," Mom answered. "Many of them meditate on heaven, on their place of origin, one could say. Or they practice other forms of meditation, which reconnects them with their righteous, humane side that has always been with them, sleeping and waiting to be awakened and used. Therefore, they are able to obey and follow their benevolent nature. Their souls are the masters of the house. They simply borrow the body and mind for a certain time. In consideration of this, every human being feels complete and perfect."

10. Thick Reality of a Dark World

"But, Mom, in our school, we have more children who eat only plant-based food, but they don't behave in a noble and loving way!" Zun protested."Yes, probably because no one has ever explained or showed them the role and functions of the human mind and emotions. Apart from this, it is often cool to act in our society in a dark, scornful, hateful, and aggressive way," Mom said.

"I still don't understand how Hearty Land people can always think and act in such a good way!" Zun wasn't satisfied with the answer. Mom tried her best to explain. "Yes, that is difficult to imagine since we here are in constant battle between good and evil. Or some just simply don't question our consciousness, but prefer to blindly conform to the evil route just because it is easier, more convenient, and more enjoyable. But that is not all."

11. MERITS

"Hearty Land has a protective layer built of merit from consuming kinder, compassionate, plant-based diets, from the merit of following heaven's higher way, the Awakenings, from being the golden embodiment of kindness, love, and wisdom, and from their every thought and deed," Mom continued. "Because of the wise ancestors, I believe, the protective power of the layer is grander in power.

"Aside from that, they are exposed to good, beneficial influences from the day they are created. As I have briefly mentioned before, they are exposed to beneficial influences while they are safely resting in a mother's womb. Every individual is trained in the arts of psychology and the nature and dealings of the mind and emotions, as well as an intuitive insight into the past connections. Everything seems so clear to them. Apart from training that they receive at home, they are deepening, or you might say, 'awakening,' their innate knowledge at public institutions such as schools, learning more about the nature of the soul, the workings of the mind, and emotions. They also learn more about the importance of Awakenings, ways of heaven, and interconnectedness of all living things, communication, and intuitive insight, strengthening their own chosen, innate skill or sets of skills. The way of the perfect human."

12. Twist in the Darkness

"Perfect human? That sounds like a movie title!" I replied jokingly."Yes, in our world where we fight or follow our own demons, the script for a movie with too much of the good would be easily marked as utopian," my mom responded, accepting my joking attitude. "But, Mom, then this kind of reality is for us living in here just a distant dream!" Zun was disappointed.

"Most of the time, it seems so. We live in a negative world. Most of the time, many of us are exposed to negative information only, but Hearty Land was the same not so long ago. Human posed a threat to other fellow human beings, animals, and nature. Money and personal gain were rulers of the world, no matter the cost. All that people really cared about was climbing upwards in the social classes. Poor people were cursed either by hidden or public humiliation. People simply didn't care for anything apart from getting richer at all costs.

13. A Hostile Land

"After long centuries of this kind of dark behavior, before a hospitable, kind land that took care of them, the land became hostile. Before green fields, flowery meadows, and fertile soil on which wheats, vegetables, fruits, and herbs of all kinds grew, the land turned into vast, unfriendly desserts without even the slightest sign of life. Trees and shrubs changed colors. Before shiningly green and vibrant with life, flora became black with not even one leaf on it. The angry volcanos started to spew out with all their might, not only lava but also pernicious fire.

"Earthquakes showed their lethal and renewing powers. Before gentle, cleansing, and life giving water, the rivers and seas crossed riverbanks and shores, flooding settlements. Floods took away people and possessions, thus evicting people from their homes."

"But, Mom, natural calamities are happening in our world too!" I protested. "Yes, that worries me because I am well aware of the Retributions' ways. I have shared my concerns with many of the scientists," my mom, who was also a scientist and researcher herself, replied.

14. Concerned Scientist

"The professor of natural sciences looked a bit distressed, and she always tries to encourage us to be good stewards on earth. I am wondering what scientists have told you," Zun interfered. "Ah, before we get into that debate, I remember that I read a notable report where scientists discovered that so-called animal farming is taking up to 70 percent of the land worldwide just for cattle rearing. [1]

“The same study stated that 70 percent of the Amazon rainforest is used for livestock farms too,” Zun added.

“Oh, yes, teacher Susan told us that animal farms are a total dissipation of our precious resource of land that we walk and depend on it. She gave us an example. On the same amount of land needed to produce 1 kg of meat, 200 kg of tomatoes and 160 kg of potatoes could be harvested in the same time span. [2a]

land use:
UP TO
70 %
of
WORLDWIDE
land is USED
for
livestock

"Producing 1 kg of beef requires fifteen times as much land as producing 1 kg of cereal, and seventy times as much land as 1 kg of vegetables. [2b] We actually were all left rather speechless! And disappointed," I responded.

160 kilograms of potatoes
for:
1 kilogram of meat
200 kilograms of tomatoes
we
NEED
the
SAME
amount
of
land

15. An Empty Bowl

"In our class, we have one kid who came from Africa. He was born into a poor region where children are dying because of malnutrition and hunger. [3] We were mad too. We wouldn't like to starve to death when we don't need to," Zun said with distress in her voice.

16. Drops of the Blue Water

"Yes, this is very sad. Although unfortunately, I must break it to you that it only gets worse," Mom replied. "Did you know that agriculture accounts for 70 percent of all water use, most of which goes towards meat production?"[4]

30 % *of* WATER

is for

h u m a n s

=

70 % *of* WATER

use

l i v e s t o c k

“I don’t remember percentages, but I remember an example that sticks out like a sore thumb. One person could shower every day for a year with the same amount of water needed to produce one kg of meat,”[5] I replied.

1 *person*

showering

EVERY DAY

for 1 **year**

=

uses the **SAME AMOUNT**

of **WATER**

needed to **PRODUCE**

1 **KILOGRAM** *of* **MEAT**

"And not just that. We need 200,000 liters of water to 'produce,' if you can even put it that way, 1 kg of beef, but it takes only 2,000 liters of water to grow 1 kg of soybeans, 900 liters to grow 1 kg of wheat, and 650 liters for 1 kg of corn,"[6] Mom interfered.

How **MUCH WATER** *do we* need?

200.000 liters *for* **1** kilogram *of* **MEAT**

2.000 liters *for* **1** kilogram *of* **SOYBEANS**

900 liters *for* **1** kilogram *of* **WHEAT**

650 liters *for* **1** kilogram *of* **CORN**

"My schoolmate Tomoro, the one who came from Africa, told us a story of how they must walk many miles to fetch water from a well and how they must save every drop of rainwater,"[7] Zun remembered.

17. Green Schools

"But our schools are getting more environmentally conscious," Zun continued. "Last week we had green week, and all of us were a part of it. Since the public focuses on dangerous gas emissions, that was our main theme. Most of the kids, groups, and teachers were researching and presenting the dangers of emissions from vehicles and factories.

18. Poisonous Air

"Only our group chose to point out the often neglected but most significant contribution of gas emissions: emissions from livestock production. Namely, breeding animals for food," Zun said. "In 2006, a notable report estimated that 18 percent of annual worldwide GHG emissions are attributable to cattle, buffalo, sheep, goats, camels, pigs, and poultry. [8]

"But later on in another respectable analysis, scientists found out that livestock and their byproducts actually account for at least 32.6 billion tons of carbon dioxide per year, or 51 percent of annual worldwide GHG emissions. [9]

LIVESTOCK

and their

BYPRODUCTS

accounts

for **51** %

of annual

WORLDWIDE

GHG emissions

“Most of the kids were astonished by the fact that ‘production’ of 1 kg of meat was responsible for the same amount of environmental pollution as driving a car for 250 km,”[11] Zun kept explaining with mixed feelings that were clearly seen from her voice and gestures.

"Production"

of 1 kilogram of meat

=

is responsible for the

SAME amount of

environmental POLLUTION

=

as driving a car for

250 kilometers

"At the conclusion of our presentation, we were really glad to give a call to action. A while ago, two peers reviewed studies calculated and estimated that, without severe cuts in this so-called modern, animal consuming society, agricultural emissions will take up the entire world's carbon budget by 2050.[12]

19. EMPTY BOWL, AGAIN

"My schoolmate Tomoro from Africa cried when he thought of the hunger he endured and the death caused by hunger. Another group showed a documentary on hungry children. At the present moment, 80 percent of hungry children live in countries that export food crops that are typically meant to feed farm animals,"[13] Zun concluded.

20. They Care

"And they say that vegans don't care for people. So many people prefer to consume unhealthy food because healthy ones are simply not accessible to them. With all the chemicals present in meat, dairy, and conventionally grown, plant-based products, how can we be free of the heavy burden our bodies have to endure?" I said to myself.

21. Lively Pack

Ziiiin, Ziiiin, the bell rang, interrupting our conversation. “I will go open the door. I wonder who it is at this hour of the day,” our mom murmured to herself as she flew downstairs. Zun and I followed behind her. “Oh, it is you, Susan and Billy. I totally forgot that you were coming for your sleepover here. Hello, Maggie!” Mom greeted our friends.“Hi, Thiana. They are a bit worn out from swimming almost all day long, so you don’t need to worry about a midnight party,” Maggie hastily said to our mom, Thiana.“Just to ease your sleepover worries, I brought some seasoned tofu, sweet potato burritos, sandwiches with wheat burgers, hummus, and strawberries,” Maggie added.“Thank you, Maggie. This is really nice of you. I am sure this will remind them of your loving care,” Mom replied. “Come pick them up on Monday after a school, okay? Since we had a deal, tomorrow we are going to help at an animal sanctuary where we are going to choose one of the dogs for Lux and Zun.” “Oh, as far as I recall, that was not a deal! Thank God that the children have all their books and school supplies in the school. All right, then next time, Lux and Zun are staying with us. Take care, all of you. Bye!” Maggie bids farewell.“Bye, bye, bye,” we all screamed out loudly so that the neighbors would know that the mansion was fully packed with merry kids.

22. Movies & Snacks

“Okay, kids. Let’s make some almond milk cappuccinos and smoothies with Ashwagandha, and then we will be ready for our movie night. Unless you are too tired?”“Noooooo,” we all said loudly in unison. “Who will do the almond cappuccino then? With no caffeine coffee, of course,” Mom asked.“Me and Billy can do it,” Susan replied. “All right, and then me and Zun will do smoothies,” I said. Which one would you like to have? The one with oranges, or with bananas and strawberries?” Zun asked.“It doesn't matter. We will drink them all,” Billy replied, and I was nodding my head.“Mhm, this smoothie is delicious. What did you two mix in it?” Susan and Billy were curious.“Oh, just some almond milk, strawberries, bananas, some Ashwagandha, and just a little bit of baby spinach,” my sister hastily boasted about her newfound love and skill of smoothie preparation.“So, we have four movies on the table: 101 Dalmatians, Bee Movie, Bambi, and Brother Bear. Which one should we watch?” I asked the whole group."I would like to watch Bambi,” Zun didn’t hesitate to answer.“We would like to watch Brother Bear,” Susan, Billy, and I said all at once, staring at Zun.“Fine, but next time we watch Bambi,” Zun managed to formulate her disappointed feelings into a sentence. When we sat down, the movie took us on a journey of a man being transformed into a bear by angered spirits, thus awakening the love for animals in him. And when he had a choice between becoming a man again and staying a bear, he chose to stay in animal form. Susan and Billy were tired from swimming the whole day long, so they ran to bed shortly after the movie. Zun and I talked about which puppy we should choose from the shelter. I loved the idea of getting a German shepherd, [14] but Zun was all for a Labrador. [15] I don’t recall the time we went to bed.

23. AVID, VIVID DREAMS

I have dreamt of a place with colorful flowers and green meadows with children playing on them. That area reminded me on a nearby floricultural park, which is filled with people taking sanctuary during the weekend. Where the old and young alike rest their wild senses, taking a seat or a walk just to simply calm down, in tune with a natural frequency of harmony and tranquility. But none of the parks of this world could compete with the park of Hearty Land. Every single leaf of the bush, every blade of a grass, and every petal on a flower are encompassed by their own light. Pink flowers are emitting shiningly bright shades of color. I had to adjust my eyesight because for the very first minutes, I was blinded by all that unusual light.

Many times I had a feeling that leaves of a tree, shrub, or flowers would like to bluster around their rich inheritance. The birch had shining gold and emerald leaves, and the pine had gold stems with leaves of the flowers, their glittering colors combining and making the appearance of this place unearthly, magical. Or one could say, surrealistic. With each and every breath, I was inhaling that deep, satisfying feeling of warmth, acceptance, safety, and tranquility. It was that kind of feeling that a baby feels when it is safely nesting in an affectionate mother's arm, surrounded with loving, well-wishing people.

Among the shrubs and trees, many charming people are dancing lightly like a fairies or angels. Each light step is becoming one with every star and planet of this universe. Those gorgeous people are dancing, singing, or playing musical instruments. The birds on the branches of trees and shrubs accompany them with their soul striking, melodious voices that speak of a truth. Among people are freely walking or flying animals of all kinds, including many foreign, unknown species.

24. Mighty Creatures

I am astonished by their mightiness. Not that animals in our world aren't mighty. But this time I can see their true being. It is like someone pulled my veil of obstruction away, and I can focus on their true being that is radiating from their very own soul.

Their being has unlimited capacity of unconditional love and acceptance. This kind of energy affects even the most stony-hearted living being. Every cell of the animal body feels empathy towards human beings' struggles. Human beings who live, or some would say, 'scrape,' in the heavy, thick, and harsh atmosphere of our planet Earth, which is getting lighter by each day. When someone is thinking of love and care, a sparkle of light illuminates this beautiful surface of earth by each and every thought generated. But in many cases, with those we call family, all sorts of negative feelings prevail. It seems that we prefer the company of dogs or other animals than humans. But as I see it, everyone knows evil from good.

Gazing at those animals, I, for the first time, really see it. I see celestial beings. A glittering orange cat is a beautiful fairy from one of an even lower heavenly adobe. Heaven is so beautiful that you could stay there for all of eternity.

25. Protective Beasts

One glimpse into this cat's adobe, and this Hearty Land park has totally overwhelmed me. I jumped back and screamed as if my life was in peril when I stumbled upon a wolf with small cubs behind it.

My eyes widened out of fear even more when I saw a tiger coming out of the bush, but I heard the tiger say, "Relax. In this land, people and animals live in peace."The wolf added, "In our land, what you call vicious animals aren't really vicious. Pumas, tigers, snakes, wolves, and all other monstrous animals, as you call them, protect the inhabitants of this land from lower entities. We are truly just your guardians."

As my inner eyesight gets clearer and sharper the longer I stay on this precious land, I am able to see through the illusionary nature of things more easily. Silver wolf, endowed with high magical and physical combat skills and deep, sharp wisdom, is actually guardian of a golden town called Nemesa, which is on another planet. That has been his task for many eons.

Gracious puma is a feminine being, coming from a warrior planet where they keep the barbarous and dark spirits locked away. However, that planet is also a hospital, and their medicine men know how to transform the darkness of a soul into its opposite, the light. Puma is bestowed with all that knowledge.

26. Bronze Canine Friend

I see many of the inhabitants accompanied by domesticated animals like they have them in our world. I took a few steps, but then stopped as my gaze becomes fixed on bronze orange dog with blue eyes like that of a deep ocean. The dog is hanging around with a charismatic woman who has long, black curly hair. This amazing dog was actually her closest advisor and friend when she was a princess on a planet called Aureus. Soon after this amazing discovery, I lost my sight, and everything became one thick blackness. I hear only melodies and voices. With my ears not used to listening to all those distinct sounds, my mind needed a minute or two in order to adjust. Then sounds and voices slowly formed a structure; first they become letters, then words, and then sentences. I recognize the frequency of the woman and her dog friend just as they are jesting. They are joking about disguised helpers, guardians, and friends with furry or feathered bodies, wings, and paws or in a form of creatures living beneath the water, and they are jesting about lost ability of humanoid beings, residing outside of this land.

Ability to recognize them as what they truly are. Unaware of the gifts these beings, in animal bodies, bring. The dog is saying, “Before I could wear a diamond dress, dance, and sign as all the others on our planet, but now I have only one, life permanent dress and crawl on four paws. Ahahahahaha.”The gorgeous woman replies, “Yet you are still so beautiful, my friend, with so supportive a soul.”

Then I become focused on a group of cats, speaking among themselves. “I am happy in this land, but for my fellow outsiders, I wish that they would be better off,” one cat said.“You mean, that humans would be able to understand us? And we in this cat form would be able to understand humans? We, animals come from very different backgrounds. It’s the same case as with humans. We evolve through time just like humans do. Or some come from higher heaven. They are masters, angels, gods, and goddesses, hiding in animal bodies. They come with pure intent to help. Others just evolved from a plant or degrade from human form back to the animal one. That is why we have our own habits, « the other cat was thinking aloud.“I remember when I used to give my human owner goosebumps. I was so lively and jumping everywhere in his apartment, probably destroying a lot of his belongings. I think he was very kind not to abandon me and for treating me like a kid. With age, I grow wiser, of course, « another one recalled. “I believe we are really much like humans. We do have different loving, goodness, and

noble qualities much the same as humans do," the one who started the conversation added. "With one exception. We don't have the same potential for being one with God, the universe, or inner light. We can't reach self-realization ourselves. This is only what they can do," nearby standing cat concluded. Then I have just followed the different voices of different cats, which were deep in conversation.

"Yeah, I envy them in this regard!"

"Me too. I can hardly wait to become human, find an enlightened master, and meditate. To reach self-realization.""Yeah, they are wasting their time and energy playing around. One day, they will rediscover how grand and powerful they are."

"You mean the humans residing outside this land?""Yes, the ones who like to play and explore the dark corners of their souls."

"That game is so dangerous because soon you forget it is just a play, and you start to live by a new, more sinister code of conduct, passing this knowledge from the older generation to the younger generation and suffocating them in the process. They know that this is wrong. But soon, with too many worldy demands, they forget, and they embrace the darkness, saying, 'This is how my ancestors and my ancestors' ancestors lived! I know of no other way.'

"I think we are the same as humans in terms of evolution because most of the humans go through a process of reincarnation or ascending from lower levels of heavens. We have the same feelings and remember good or bad affinity with either another animal or human being, and if we are fed the flesh of our animal companions, we degrade ourselves. With our light becoming dimmer, our connection to heaven closes by each intake, and we become more aggressive and fierce. The same occurs with humans.

"I remember one dog who was trained to fight and kill. They have fed him fresh flesh with all the blood still on the plate so that he would forget his own light and wouldn't be able to figure out right from wrong. He totally forgot moral codes. He became the beast they wished him to be."

27. Malia the Deer and the Butterfly Family

Then my mind became fixated on what seemed like the gentle, playful voice of a deer. Slowly, I comprehend it is a deer's voice. Her name is Malia, and she is conversing with her human friend. [16] His voice sounds like that of a boy's voice.

"Elza sends greetings. She still keeps images of you in her mind when you were silently watching her as she flew from one flower to another and that peculiar time when you used your magical ability to heal her broken wings," Malia said.

"Oh, really? I don't recall that event at all!" the boy said to Malia. "Nonetheless, I do distinctly remember her stunningly gleaming golden-violet wings and her lightness of being, which was nearly etheric. I remember the sound of her delight and awe upon every single earthly creation. The reason why I liked to watch her flying was that when doing so, I could be me, the soul traveling among the stars of this and other galaxies and learning of the mysteries they are quietly holding within themselves. My psychic being never felt so clear and empowered. Speaking of, how is her butterfly family doing?"

"She is sound and well, as usual, with three new butterflies in her happy family. Tara, the oldest of the children, has emerald green and golden wings. She loves to perform the forest butterfly dance most of all. Kira, second of the children, has light blue and silver wings and loves to 'ride on clouds' as she would say it, even though she is far away from them. You will see her dancing in the shadows of the rainbow. Andrea, the youngest one, is of a more colorful origin because her wings have a little bit of every color. She is also the most restless of them all, traveling from mountains to lakes and oceans."

"And my dear Malia, how are you doing?" the boy asked with a curious voice.

"I am fine. Thank you. The affairs of the land dwellers keep me engaged. In just the last three days, I had to be in fifty different geographical places. I had to remind my old acquaintances, who are now in human form, of their innate, gentle qualities combined with strength and determination. Out of time and hurrying, I was careless, and I broke one of my legs, which healed by itself when I continued to run," Malia concluded.

“Yeah, I was wondering why I get along with you so well,” the boy replied with a smile on his face, accompanied by loud laughter. This stirred the laughter up in me, and I began to laugh. It is a great feeling.

28. Casted into Our World

"Lux, Lux, Luxxx…" I began to hear a familiar voice with someone gently but persistently shaking up my body. It was Zun, my worried sister. "Wakeeee up," the voice came from a distance.

I felt like someone was trying to pull me down. Finally, I woke up, feeling dizzy. I opened my eyes and felt a deep, sad loss. The loss of something precious. Looking at the blue colored ceiling and seeing my beloved sister permanently pulled my consciousness back to our world.

"Hello, cheerful. Whatever you were dreaming of, I want to dream too," Zun said brightly. Still feeling a bit distant, I managed to produce a weak smile. "What is the time?" I asked her."It's nine o'clock, and after breakfast, we are going to the animal shelter," Zun responded. "I can hardly wait to choose a puppy!" Then we changed our pyjamas for daily outwear, which we bought in a fair trade shop.

29. AHIMSA IN THE MORNING

And it wasn't long afterwards, when we heard, "Come on, kids! Scrumptious breakfast is waiting for you downstairs. The one who is first will get an additional portion of a raw cake," Mom said.
As a storm would invade the house, Zun, Billy, Sarah, and I jumped the stairs and ran into the kitchen almost flying. My dear, caring mother prepared us plant-based alternatives to cheese, vegan ham, and scrambled tofu with home-baked bread. Glasses were poured with a smoothie from bananas, strawberries, chia seeds, and almond milk. All of us were watching, mouth watering, the artistically decorated apricot raw cake. The table was shaking from a pile of fruits, ranging from grapes to apples. Once more, my mom was spoiling our taste buds.

30. At an Animal Shelter

"Hi, Thiana. I can see you brought new manpower with you," Ann said while welcoming my mother."Oh, yes, these are Zun's and Lux's friends, Susan and Billy. They will be helping along with my kids," our mom replied. While jostling and competing with each other for the first word, Susan was the first one to speak up. "Miss Ann, with the help of our friends, we have crafted so-called 'love puppies,' toys, and beddings. We had a baking sale too, which 2,000 dollars of profit we proudly present it to you and your shelter."[17,18]

"Children, thank you! You are so admirable! All of you have a heart of a gold," Ann acknowledged, still a bit shocked and surprised in a positive way. "This money it is going to be such a help for us. We need endless amounts of it for veterinarian care, medication, food, supplies, and transportation!" she added. "Even though we have many volunteers helping us to spread the word, new animals are found on the streets or are admitted almost every day!"

"As we are bringing up this issue, I have composed three or four articles. All I ask is that your sharp eyes read it and approve it. I have in mind to take some photos. The article is going to be published in the municipalities newspaper," Mom concluded this important conversation."The animals send their love to you," Ann warmly responded. "We are going to walk a dog and play with your furry cats. We haven't decided who is going to do what yet," Zun expressed our thoughts. "Also, Zun and I will choose one puppy," I swiftly added. Susan and Billy decided to play with cats since they already had a dog at home.

"I wouldn't like to be in the situation of a cat in a shelter or on the streets with life so pitiable," Susan said. "Having no one to play with and being totally forgotten. I would die out of sadness. What do you think, Billy? Should we adopt one of these unfortunate, yet lovely beings?" Susan asked. "Yes, I like the one you are cuddling right now. She has profound green eyes and dazzling orange fur. I haven't seen this kind of a cat in a while. Come, let's go tell Lux and Zun." Billy hardly ended his sentence and he was already half way dragging Susan to their friends.

31. German Shepherd vs. Labrador

"I would like to have an intelligent Labrador since they learn without you even noticing. They are also incredible family and therapy dogs. Apart from that, they has also very tender, sociable personality. They are kind, and most importantly, they love and adore children. It's no wonder that many people simply just fall for them. We could train it to be a wonderful therapy and assistance dog. Then we could bring it into our school. I am convinced that our principle, Ms. Rose, will agree. Thus, we do our voluntary service, which is necessary for the school in a retirement home. What do you think?" Zun eagerly stated all the facts. I thought she sounded like she was in school, standing in front of a blackboard and persuading all of her pupils sitting in class.

As I was immersed in my observation, another "What do you think?" woke me up. "Yes, I heard you!" I hastily replied. "And I agree with you. It is just that I would like to have a natural watchdog who is all about activity. Like a German shepherd. They are still loyal and friendly, not just protective. I would train it and jog and play with him. Additionally, I prefer a German shepherd's personality, which is not all about sweetness, but mainly about protection." I didn't hesitate to state my facts too."Yes, but then you alone will be spending time with him." Zun was upset with eyes already watery. "All right, you win." I gave in since I knew how much it meant to her.

"Yep, you are the sweetest brother in the whole world!" Zun responded back while jumping and grasping for air out of pure excitement. "Yeah, my dear sister. Only when I please you," I answered with that taunting tone in my voice."No, that is not true," she hurried to defend her honor.

32. Farewell with Canine Friends

"Zun, Lux, Susan, Billy, where are you kids?" we heard the concerned voice of my mom calling us. Shouts of "Hi, Mom," and "Hi, Miss Thiana," went out at the same time as we tried to yell over each other."Oh, there you are. We have been in this shelter for a couple of hours already. It is time to go now," Mom stated. "Oh, Susan, you have chosen such a magical cat!" Mom said with awe in her voice. "What about you two? What kind of a nice, furry creature are you going to take?" our mom directed the question towards Zun and me.

"That small, cute brown Labrador that is just a few steps away from you," Zun answered back before I could open my mouth. "Oh, you are so lovely. You are going to be such a wonderful companion of ours," Mom talked while lovingly gazing at and cuddling our new family member. "Come on, kids. Let's go fill out the papers!"

"I think our mom will spend the most time cuddling up with this cat since she is so in love with the orange color cats. Don't you think that too, Billy?" Susan curiously asked. "Yeah, I bet that we will need another cat for ourselves!" Billy agreed. They bursted into laughter.

33. The Story Continues

"Today it was such a fantastic day," Billy was murmuring to himself while lying on the bed. The cat, which they gave the name Kiara, was with Susan."Please, continue with the story. You know, that intriguing and calming story of Hearty Land," I inquired my mom when she brought us fruits to our room.

"Oh, that one. Do any of you remember where I finished it?" Mom asked us. "We were talking about world hunger and food supply," Zun refreshed her memory.

"Thank you, Zun. Ah, I remember one event. You must know that back in those days when I traveled and meet and spoke to Hearty Land's inhabitants, I didn't understood many of the things there," she clarified. "My mind was so dark, trapped in a small, dark, stuffy room where the windows were covered up with heavy curtains of ignorance.

"Finally, one day, a woman by the name of Jesvita pitied me, lending me one of her powers of that deep, clarifying, and satisfying internal insight of all the things surrounding me. Since I wasn't used to that kind of power, I needed to touch either a person or a thing. I was wondering how babies feel and think in that environment. Being mindful of my desire, Jesvita allowed me to hold her baby Naria in my hands. What I saw and felt with every cell and particle of my being was a vast explosion of tranquility and contentment. Space was filled with shining golden light. Children were holding onto internal knowledge of the universe functioning. They were well aware of how important love and respect are. They acknowledged the role of every single species on this planet. However, they also hold devastating knowledge of subordination of animals to the humanoid race.

34. The Land of Water Creatures

"I saw the pictures of fish and crabs being locked and raised in cages on sea farms. [19] Fish and other marine life caught in that farm consume large amounts of antibiotics, pesticides, fungicides, and artificial colorings, either directly or indirectly, so that diseases wouldn't spread to the other parts of the aquatic life, which they do anyway.

I also witnessed the sad image of an infinite number of struggling fish caught in fish nets, painfully dying in the open air.

I also saw mangrove forests, which were the single most important protectors of human beings against flood waves and destruction caused by climate change, being cut down. [20]

Mangroove forests HELPS to PREVENT floods
&
destruction caused by climate change

Then another picture came up. A picture of the once beautiful but now endangered coral reefs, and the loss of them reduces the protecting, slowing effect on tidal waves. [21]

CORAL REEFS
slows down
TIDAL WAVES

“Then Naria changed her focus, showing me the role of the marine protectors to humankind. Colorful species of different sizes and shapes dwelling in the rich, deep blue sea contribute to the growth of sea grass and algae by excreting nitrogen and phosphorus. [22] Fish help to mitigate climate change by maintaining the pH balance of marine ecosystems. [23] My mind was enjoying the calming solitude and vast blue sea with its radiant forms of life.

Fishes HELP to MITIGATE climate change by
MAINTAINING the pH balance of marine ecosystems

35. One with Sky

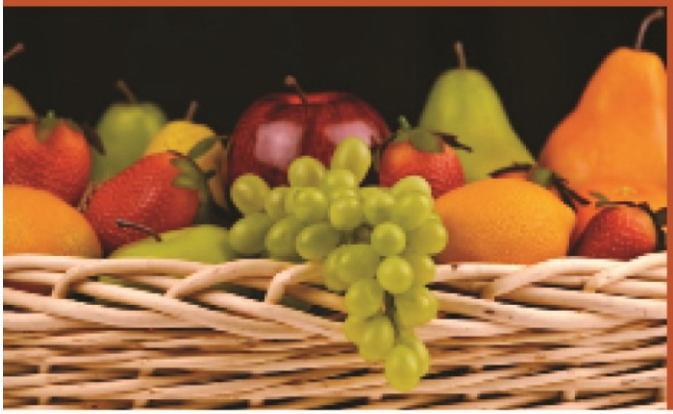
"Then I was suddenly uplifted into the sky, flying with the birds. [24] I noticed a hefty eagle who suddenly dropped down, landing on a soft meadow beside a cold, stiff cadaver of a deceased mountain goat. In the company of other birds of unknown origin, the eagle ate the remains of the corpse, preventing any possible spread of diseases or infections to the humanoid race. All of a sudden, my mind was accompanied by a shiningly golden and pink bird, eating fruits from trees and shrubs and leaving seeds in a fertile soil where they grew into lovely flowers, sturdy shrubs, and majestic trees in another corner of the country. An elegant yellow and golden bird with green eyes showed me how diverse species from the bird kingdom pollinates the plant kingdom, thus fulfilling the role of plant reproduction.

"Can we do all that alone?" Mom asked, breaking off her narrative."No, how can a human being pollinate flowers if he or she hasn't any means?" Billy responded back.

36. Diligent in Our Service

"Without birds and bees, we would be without fruits, vegetables, and seeds,"[25]Billy went on."Yes, bees, the innocent workers in the service of humankind, pollinating etheric, nourishing fruit trees and veggies for our own food that sustains us. What would we do without bees' generous care for about four hundred different plants of nuts, vegetables and fruits we consume? I thought about that question when witnessing a bee flying from one blossom to another," Mom kept on.

Because of THEM



WE can EAT these ...

37. Adobe of the Land Dwellers

"Shortly after this, I found myself thrown out of the sky kingdom and into solid rocks and soil in our world. I landed among a flock of elegant goats and soft hearted sheep, [26] meticulously grazing poisonous weeds so that the weeds wouldn't harm other creatures, » Mom continued the narrative. "Being in a very humid atmosphere, I sensed the silent yet ever prevailing threat of tongues of flame. A black, sluggish atmosphere prevailed this valley with that distinctive smell of fire still lingering around. While I was standing on black soil surrounded by black trees burned out grass and bushes, I pictured in my mind how this gorgeous valley would look like if the fire would erupt."

"That is why we guard this valley and other lands of your world, preventing the fire," a soft voice interrupted my thought, making me jump and turn around to see what it was. To my surprise, I saw a goat and a sheep.

sheep

&

goats

AMONG

other things

PREVENT

wildfires

“How can I hear you? I must be going insane!” Mom said out loud.“No, actually you are much more of a complete human now than you were in all of your previous existence,” the silver goat replied. “You possess this inherent gift of hearing. In your world, you call this ability telepathy,”[27] the sheep added. “Yes, I have heard of it,” Mom managed to mumble to herself. She wasn’t used to telepathy in our world. “What did you mean when you said that you are guarding this valley?” she finally managed to throw out her curious thoughts.

“By eating forage and low branches of trees, we disrupt the wildfire, thus creating an effective firebreak,” the goat answered.

“I still remember how envious people were of the valley’s everlasting beauty, and they used the element of fire, wishing to destroy this stunning place,” the sheep said.

“Yes, but we have stopped it,” the goat interrupted.“By eating low growing branches, noxious weeds, and pasture,” the sheep added. “Besides that, we white and curly looking sheep graze, and by doing this, we take care of vegetation, improving the soil, weeding out unwanted, aggressive plants, and leaving a space for trees and beneficial plants to grow.”She pictured green, emerald forests with lush pines and tall spruces growing over the hills of the mountains.

38. A PLEA TO THE WORLD

"Look at her, that orange cat," I heard someone say before seeing two young ladies. The orange cat was playing with a group of cats, some younger, some older. They were playing a very rough game. Orange cat hit the other cat with one paw, and without a second thought, it struck with the other paw. The similar scene was seen from the rest of the group.

"They were just pardoned from exile on another planet. That is why they are still so rough and self-centered," one of the ladies, who grasped my thought, explained to me. "Even though they consume only less burdening food [28], they must adjust and learn. It is the same as in your world."

"Yes, we have people with all kinds of personality traits and inner qualities as human beings, learning things at their own pace. I am so thrilled that right now that humans are becoming more open to the humane side of ourselves," I responded."Yes, as you can witness in here, the feeling in the air is pleasant because we choose to live according to our essence. We are charitable with good, uplifting thoughts and emotions. We have learned how to respect ourselves and our fellow human and nonhuman beings, be it in the form of animal, flower, stone, or all of those little people of nature many have yet to see," one of the ladies replied.

"You mean spirits of trees and fairies?" I interjected."Fairies, yes," she confirmed.

Suddenly, I felt the ground beneath my feet start moving. I could see yellow and red particles, similar to the molecular structure, move and twirl round me. I jumped and screamed.

"Calm down, Thiana," the earth spoke. And she thought, Is the earth speaking, or am I loosing my mind? "No, you aren't." The lady quickly took my hands in hers, aiding me and charging me with her loving, tranquil, blissful power, which covered me in the vast yellow bubble of peace, stability, everlasting love, and security. I can't really find words to explain this or compare this with our world.

Maybe a small portion of this feeling is when a mother is holding and feeding a baby, and the child feels loved and nourished. Maybe some practitioners who often visit higher adobes feels this. The ones who meditate on heaven. Masters must feel this bliss.

Then I felt and saw the majesty of an oak tree and the mighty spirit dwelling inside of it. It had survived the catastrophe. Even though weakened by it, the oak tree still stood, protecting this place with his mighty power of transforming everything negative into positive. Even if that is only one single thought. Giving a feeling of this self-esteem, confidence, mightiness to everyone nearby and far away. I was really struggling to form a thought. In this state of bliss, I was in an empty state of mind.

I finally told the tree, "In our world, people love to visit nature, and it is becoming a trend to live outside of the dead cities and to cultivate their own veggies and fruits. It is considered fashionable." I could barely hold a thought in a form of an image because it was really exhausting. I loved the feeling of being lost in peace, security, calmness, love, and the light of that state. I never did want to get out of it.

I could barely hear the response from all of my surroundings, from purple flowers to pink stones, a bush with green flowers, and an oak tree: "Come to us. Rest your tired head, exhausted soul, hardened features beaten by the violence of your kind, and your weakened body. Rest your entire body and soul on our surface. Lean on our trunks, silky stones, refined soil, and green beds. We will take away your pain and sorrow, the darkness surrounding your tired earthly instruments. A pink light, a green light, a yellow, and a blue light shine from your being when walking from our adobe. We love that smile on the corner of your lips. That precious hope in your heart. Love, cleanness, hope are our gifts to you. We give it gladly. But you must promise us to take care of our adobe, vast forest, meadows, oceans, and rivers. Cherish and guard our place so that we can be of better service to you."

"What do you mean?" I asked. My attention become fixated. Not knowing what I was doing, I stepped into a little pond.

"Buy harm-free things or produce it yourself. Produce only natural, harm-free soaps, detergents, and everything else you use in your household for cleaning. Love and care is all we really wish for as you do. Everything ends up in the oceans. Protect our waters because you are drinking it! So we can protect you. Care is all we really require," I heard a nearby stream talking to me. "Forget about the unnecessary cutting of trees and choking our lands and forests with toxic plastic. You are smart to use recyclable and harm-free sources. Soon your scientists are going to discover ways of nonharmful technology."

"What do you mean exactly?" I asked.

"Imagine that you can read a hologram book that has the same feeling of a paper one, which you still need to hold with two hands and turn the pages but they will be made out of light adapted to an earthly frequency. All products will be made out of eco, cruelty-free and human-friendly procedures. We rejoice as that day will come," they continued.

"But we already are getting greener!" I protested. "Yes, yes, this is only the beginning," they explained.

“Beginning?” I asked. “The beginning of our newly established friendship as you will act as our guardian and we as yours. What do you call this in your world? Establishing mutual interests?” they asked.

“I would call it a new, happier way of living,” I replied to a red flower who currently spoke to me.“As you wish. You are our power. We are the transformers of your energy. We are your medicine man and woman. We are giving life. Blue streams, vast mountains, red flowers on the lake, and mighty old oak, beech, and willow with sisters and relatives of all kinds, we are here for you. With frogs, birds, bears, foxes, wolves, land animals of the savannah, water animals of all kinds, small crabs to big fishes, we all bring love, calmness, and light that you can sense. For you, my dear. Humans make steps for the boomerang effect of a kind protection. All in your service,” they answered in a form of a song.

“Suck our energy as we can feed you,” the trees sang. Not just the trees, but entire plant kingdom. “Feed your burdened body and mind. Feed your heart to bring out that love you are holding deep down within yourself. Have the knowledge and reassurance that everything is good and is taken care of,” they said. “Take care of us so that we will be more able to serve you and protect you, my dear human friend. We are not second class citizens of your world meant to be humiliated and tortured. We are your companions, your friends. We might appear in the form of a bear, a pig with big eyes, a cow with love for her calf, a sea lion with a mission to transmute your negative frequencies into more beneficial, positive ones, a dog living with you, a deer roaming freely in the forest, or a fish swimming and having an important role in the water’s ecosystems. We might be your saviors. Please, take good care of us. Treat us with respect so that we will be able to keep the natural ecosystem in balance, channel love and peace from above, and protect and comfort you.”

39. Why Do We Have To

"How important a role animals and plants are playing! I am wondering if any human can produce such marvelous and utterly free of charge services," Zun partially said to herself while partially talking to the rest of the gathered group. "I have heard that industrial livestock production makes up for up to 60 percent of biodiversity loss,"[29] Sarah said.

"Yeah, our biology teacher said that the global shift towards a power fueling, plant-based diet would save up to 60 percent of biodiversity loss too," Zun confirmed.

we would

SAVE

60 %

of

biodiversity

if

everyone

would

ADOPT

vegan diet

40. Green Potion

"Yes, Zun," Mom continued. "Since we are speaking about a plant-based diet, I couldn't resist to ask Naria to show me the Heartis transition of a plant-based diet."

"Oh, it wasn't as easy as you think," Naria replied. "Nothing is done with the swing of the wand and then magically everything gets in place."A second later, I found myself walking on still, weakened land, walking towards the village or suburban area. Soil, grass, bushes, plants, and trees were slowly recovering, as well as people. They had a meeting.

"All the butchers and food processing factories will manufacture plant-based meat and dairy products," said one of them."But, Mr. Skim, despite the more than well known facts, devastating reality of our surroundings, we crave for meat like hungry wolves!" another shouted. "Yeah, it is true. We can't live without meat and dairy. It is so addicting!" other people said in unison.

"Everyone who feels so; drink this Smaragd green liquid every day. At least 2 liters. It is made from green sprouts, wheat grass, and green leaves of the vegetables. In three weeks time, your cells will lose the memory of addiction," an elderly woman who stepped out from nowhere said. "Come to my house, and I will give you more." It seemed that people treated her with deference. "Soon you won't crave for cow's milk, which is the love of a mother to her calf only. Milk meant to be for her baby calf, but you will stabilize your emotions and feel the love within. Green tonic is just an aid that clears the past and prepares the road for you to walk towards a much brighter future.

"Mom, Ms. Thiara," Zun and Susan called out to Mom, who was still in a trance."Sorry, love. I was just contemplating on the enlightening memories of that wise land and majestic roles animals play in our world," she apologized. "What is it that you wanted to ask me?"

41. Material Hunger

"Ms. Thiana, since the money seems to be the most important and most cherished thing in this material world, we would like to know the estimated cost of this animal breeding management," Susan said because she was curious.

"The money of hard working but misled people who pay taxes goes into subsidies for cattle farms and gruesome practices of meat and dairy industries," Mom clarified.

"Oh, yes, I remember one comparison from natural sciences. The teacher told us that in the United States alone, 16 percent of taxpayer money is directed to animal breeding. [30a] In the European Union, that figure would be 32 percent, and in Switzerland, it is 68 percent. [30b] We have learned that between 1963 and 1985, the World Bank pumped 1.5 billion dollars to livestock farming in Latin America alone,[31]" Billy added.

"Wow, that is awful a lot of money. I can't imagine how many people we could feed with plant-based alternatives," Zun spoke to herself. "If everyone stopped consuming meat, that would translate into enough food to feed eight to nine billion people,"[32] Mom replied.

if everyone

STOPPED

eating *meat*

we *would* **FEED**

8 *to* **9** **BILLION**

of **p e o p l e**

“No way. That would mean we can easily deal with hunger,” Susan argued.

“Hunger is a man-made invention,” Mom clarified. “Nature gives us all we need free of charge so that we may enjoy our nourished bodies and be in a state of high spirits. People put a price on everything, and despite how much they say otherwise, they love to see the suffering of the poor who can’t afford basic commodities such as food. As a society, we get used to it because this is the way it is and always has been.

We have totally forgotten about our goodness quality and all being equal. We should grace the earth with our goodness and noble and loving qualities. Instead, we identify ourselves with the dark side of our earthly nature.”

42. Darkness vs. Light

"Earthly nature?" I jumped in."Yes, before we are born and when we are born, we are one with ourselves, as light, a soul, a part of something bigger, which is all love, all wisdom, all glory, all power, and all worry free states. Some people retain this memory in childhood, but then it gets lost. We suppress it. Our parents and society teach us only what they know: the dark ways of thinking, reacting, and dealing with world affairs. We stiff our bodies with heavy and dark energies of aggression, fear, and everything that is negative through meat, dairy, alcohol, drug, and tobacco consumption.

"How can we think clearly? How can we, in this poisonous state, benefit the society and the world? How can we harness the power of crystal clear thinking? How can we be truly benefit the people we love, the animals we love, and the nature we adore and love? How? No official training of this world, even if it is well meant, is of any use without awakening wisdom, love, light, tranquility, and joy we are, which are all covered with tons of dust beneath the darkest, filthiest corner of our world. They are like well hidden treasures, waiting to be rediscovered." Mom got immersed in her thoughts, forgetting us around her.

"Like finding a chest filled with diamonds and gold?" Zun interrupted.

"Yes, the feelings of rediscovery of ourselves would be similar but much, much more joyful, but this is just metaphorically speaking. Otherwise, we can't find words to describe it. It is pure joy, love, and tranquility," Mom replied.

43. Missing Piece

"Is that why people are so sad and unhappy?" I was curious.
"Yes, even if we are the most affluent people in the world, there is still something missing, " Mom answered. "We have this annoying feeling where our neglected higher self is crying for attention. That deep sense of loss. We are walking with an empty gaze in our eyes and with our body and mind automatically functioning, and we feel there is something missing. That we need a change. We try out everything there is, either a physical activity or social activism, demanding reform from a policy and country. When we are in this kind of ignorant state, we run away from our soul's cry, which is trying to reach us, asking us for a change in our thinking and living. Asking for a reform in our daily activities. But again, we forget because we are constantly bombarded with bad information. With demands. With our habits. Because we like the thrill."

44. Devil's Circle

"Yes, we like action." Billy was all for it. "The problem starts when too many people get addicted to action and don't have the willpower to stop since they are damaged by its effects by consuming too much of the heaviness, either through meat and dairy products, tobacco, alcohol, drugs, chemicals present in the food, drink, or poisons from clothes and their environment

"This sounds like a devil's circle to me," Susan steeped in."It is," my mom replied. A thick, heavy atmosphere prevailed in the air. Seconds passed, and every one of them seemed like an eternity.

45. Everything Shall Be Done

Billy cut through the silence. “We are misled and misleading everyone around us. I, as a child, want to have a happy life. I look up to my parents as guardians of my moral, mental, emotional, and physical development.”

“Thank God, we have such parents,” Susan reminded him.

Still immersed in sadness, not for himself, but for other, less fortunate children, Billy replied: “Everything shall be done. People are changing, becoming more of their divine self. Showing not only love, but also wisdom to their offsprings. With each day passing by, we are becoming more enlightened. Even though in small, slow, and oftentimes invisible steps, we recognize the dark ways of our behavior. People are becoming the true guardians of their children, of fellow human beings, and of plants and animals alike. I can see a beautiful future for our generations to come!”

“Billy, how come such a change of faith?” we asked in unison.

“I don’t know. I just know,” he answered back.

“It is logical. You can see a new wave of thinking. Veganism is chic, and fair trade and green business are considered of better value. People are asking themselves, ‘What is wrong?’ and they are returning to nature and its healing properties. With so many books and researches available at our fingertips, people desire health, not entrusting their health to the hands of big pharmaceutical companies and drugs with side effects or in the hands of pharmaceutical doctors alone.

Reaching back to nature, healing properties of the sun and clean mountain air, and water, herbs, living fruits, seeds, and vegetables. All of them are waiting to be picked up for the nourishment of our bodies,” Mom continued.

“Then it is like it was told in a Bible, even though I am not any fan of religion: ‘And God said: “Behold, I have given you every plant yielding seed that is on the face of all the earth, and every tree with seed in its fruit. You shall have them for food,”[33] Susan concluded.

“Yes,” was the short confirmation from my mom.

46. A Change of Fate

“What happened to the Hearty Land inhabitants?” Billy asked.
“Last time we spoke of them, we talked of their dark age,” Mom said. “But this time, the cleansing didn’t last long since angels couldn’t just stand by and watch. As soon as they felt even the slightest emotion of remorse, repentance, or compassion awakened in their minds and hearts, they came to aid, showering them with an inner light that enlightened knowledge from time memorial with their ability to forgive, care, and love.
“Since the people of that land were still in shock, due to all the disasters, their hearts softened and opened. Their soul opened to warm feelings of humanity and the ability to care and love. Thus, they were more able to accept and assimilate invisible teachings. Their hearts were opened, their minds cleansed, and their soul awakened.

“They started to help and care for each other. But not only to fellow human beings. They have become what they were meant to be, protectors and guardians of different forms of life, starting with fellow humans, animals, and the rich, natural world. They have revered life.

47. New Way of Life

"The people formed a new government. They chose a few enlightened souls who had secretly lived among them for a long time. People named the council of wise ones HVitae. The council of wise ones was well versed in meditation on heaven with all the access to the information locked in the secret chambers of the vast universe, which helped their Hearty Lands development in all areas of physical existence. The council's first task was to teach people the everlasting code of conduct suitable for a humane, enlightened human being. This knowledge permeated all aspects of their evermore happy and positive physical existence.

"Shortly afterwards, they agreed that money was just a means to help make the world a more beautiful place. Just one form of energy. Honest trade arose, and exchange of products for products. Knowledge and skills become popular once more, and more and more people were being paid with time since time is the same for every social structure. The eternal and patient ticking of a clock pointer ticks the same for everyone.

"Each and every now more complete, more humane, human being walking on the soil of Hearty Land is taken care of. He or she has everything necessary for a decent and joyful material existence.

"After some decades passed with people leading moral, caring, enlightened lifestyles, heavens allowed a few of the most enlightened souls to tap into advanced, technological knowledge. Thus, new technological inventions emerged. They were able to create energy appliances out of a light or a gemstone or different kinds of metals. They have created advanced medical equipment that heals an injured body in a matter of minutes.

Their computers can be everywhere, in an outerwear, a watch, or a cosmetic bag. They have the knowledge to create open access electricity. Most people are able to teleport, but they still use the free transportation system for the sake of the trade."

48. Created by Choice

"That is so amazing!" I commented. "Yes, I think that people are the most amazing creations. We have the power to choose what kind of a world we wish to create. It starts with our private, daily lives. The choices we make every day are interconnected with the whole world and the universe. Every one of us is a magnificent creator with unlimited potential for developing our soul and mind powers, creating the reality of the world we live in and being the judge in charge of our own case. And in the case of collective thinking, we are assisting to either darkness or its opposite, light.

"If we wish to have this kind of happy, elated, beneficial reality of a Hearty Land, we must be aware that it is going to be a changeling. In this world, we are inclined to negative tendencies, thus we might, from time to time, fail. With each step, we are going to be closer to the realization of our wish to live in a kind world. Nevertheless, in the end, the choice is always ours."

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ABOUT THE AUTHOR:

Ema Dan is an author with a flair for exploring the vast dimensions of the human spirit, the courage we posses, and everything we could be. The potential which lies in us. The potential to create and choose to create. The willingness to create anything, be it life giving, positive, and nourishing or negative and destructive. That is why the much shorter version of Hearty Land, written in her mother tongue, wrote itself as an answer to the crisis we hear and speak about these days. Now you are reading much more improved, informative and extended version.